



WHEN EMERGENCIES STRIKE, WE MOBILISE, RESPOND AND RESTORE

MESSAGE FROM THE CEO



Alhamdulillah, the blessed month is upon us once again.

As we begin Ramadan with gratitude and anticipation, let us remember our brothers and sisters around the world who face immense challenges.

Families in Palestine and Lebanon endure the ongoing impacts of a relentless campaign of bombardment, danger, and displacement against civilian life. Communities in Syria grapple with a generation of crisis, leaving them the unimaginable task of rebuilding after 50 years of tyranny and oppression. In Yemen, children suffer from severe poverty, relentless conflict, and a bleak future. Meanwhile, families in Pakistan, Afghanistan, and Bangladesh are struggling with deepening instability and dire poverty.

As we embrace Ramadan, we pray for Syria, Palestine, and all afflicted regions, hoping for a future where oppression and suffering are replaced with peace, prosperity, and joy.

In 2024, we witnessed the liberation of beloved Syria. With Allah's blessings, our resilience, and unwavering hope, we strive to see the same freedom for Palestine. This belief in peace and justice fuels our work daily, driving us to play our part in making that vision a reality.

This Ramadan, Action For Humanity are working tirelessly to deliver essential aid, food, water, shelter, and medical support to displaced families worldwide. Last year, with your help, with your support, Action For Humanity provided life-saving or life-sustaining support to a person every 7 seconds, on average.

This Ramadan, we ask the same: To Act with Humanity.

Let us unite as a community, showing compassion, kindness, and charity. Our commitment to humanity, whether here in the UK or globally, is part of who we are. This year, let us reconnect with our faith, fulfil our obligations, and strengthen our bond with The Almighty.

We have one of the lowest administrative fees in the sector, ensuring that the vast majority of your donation goes directly to those in need. To find out more, visit our website.

As we embark on this sacred journey, let us face challenges with humanity, fulfil our faith's duties, and come together to make a meaningful difference by donating your Zakat, Sadagah, Fidyah, or Fitrana. Jazakallahu Khairan

Mogbel Othman Mogbel

Chief Executive

OUR REACH YOUR IMPACT

Action For Humanity is an international NGO with over 13 years' experience of responding to crises and emergencies. We are the parent charity of Syria Relief, the UK's largest Syria-focused NGO, founded in 2011 from a deep concern for the unfolding humanitarian conflict in Syria. We now provide lifesaving aid to Gaza, Yemen and many other places across the globe and help to restore health, safety, education and stability across disaster and conflict-affected regions.

To date, we've worked in over 14 different countries, delivering a wide range of humanitarian aid to over 13 million people. Our ethos is simple - to help vulnerable communities survive, rebuild and recover. From supporting earthquake survivors in Syria, to responding to devastating violence in Gaza, our work is guided by our central vision: a world of crises-resilient communities.

WORKING IN OVER 14 COUNTRIES WORLDWIDE





























WHEN EMERGENCIES STRIKE, WE MOBILISE **RESPOND AND** RESTORE.

YOUR IMPACT LAST RAMADAN

In Ramadan 2024, your support helped us reach thousands of families with life-saving aid across Palestine, Syria, Yemen, Iraq, Morocco, Pakistan, Afghanistan, Lebanon, Jordan and Bangladesh. Our primary objective was, and still is, to provide essential assistance to communities facing significant challenges, so that each individual can observe the holy month with dignity and security.

This snapshot outlines our activities across multiple countries, the impact achieved, and the alignment of our efforts with Sustainable Development Goals (SDGs).

LAST RAMADAN, ACTION FOR HUMANITY WAS ABLE TO ASSIST OVER **94,000** PEOPLE WITH:



5,876 TONNES OF RICE



9,401 TONNES OF FLOUR



3,290 TONNES OF SUGAR



3.5 MILLION LITRES OF OIL









FOOD PARCELS >

Distributing Iftar packs, nutritionally balanced food baskets and food vouchers to 20,000 families, ensuring as many people as possible received food and sustenance.



Providing ongoing healthcare and rehabilitation services, including providing 10 children with prosthetic limbs, enhancing their mobility and independence.

EMERGENCY AID >

Delivering over **400** tonnes of emergency aid from Egypt to Gaza, providing critical support for vulnerable families in Gaza.



SHELTER >

Providing secure and dignified shelter in Gaza through the installation of three emergency camps. This includes housing, WASH facilities, a kitchen and communal area in each camp.



ZAKAT >

Extending support to over 700 families through Zakat cash assistance and Eid Gifts, addressing their diverse needs and bringing moments of joy during this special time.



FITRANA >

Distributing your Fitrana to 8,051 families those who need it most, ensuring all can enjoy the blessings of Eid-ul-Fitr.

GAZA

Devastatingly, no civilian, whether they are a boy or a girl, woman or a man, young or old, an aid worker, journalist or health care worker, has been spared by the war on Gaza. Since the onset of violence in October 2023, over 47,000 people have lost their lives¹. This number is expected to increase further as airstrikes continue, with no end in sight, and with many facing hunger, disease and denial of access to urgent medical care. The situation is beyond tragic, with more than 40% of all deaths being children.





47,000+ PALESTINIANS KILLED

This is equivalent to the entire population of Weymouth in Dorset or Leamington Spa in Warwickshire being wiped out.



103,076+ INJURED IN GAZA

This number is comparable to the entire population of Cambridge, where every single person has sustained an injury many of them life-threatening.



70,000+ HOME DESTROYED

This is similar to the number of homes in a city like Oxford or York, with almost every family left without shelter.



1.9M DISPLACED IN GAZA

The scale of displacement is staggering, equal to almost the entire population of Birmingham or Liverpool being forced to flee their homes.

WE DRINK SEA WATER TO SURVIVE,



"Our days are spent scavenging for survival. Our nights are filled with hunger and cold. Smoke fills our tent as the fire struggles to keep us warm, and outside, the sound of the sea and bombing is a constant reminder of how fragile their our have become."



"My name is Shafa. I am 70-years-old, and I live in this tent by the sea. Every day, I sit by this fire, boiling sea water because we have no clean water to drink. The wind cuts through our fragile tent, and the rain seeps in. My body is weak from illness, but I have no choice. I must care for my husband and my grandchildren.

We were forced to flee from our home several times. War took everything! Our house, our comfort, and our peace. Now, we live with nothing. The children often go to sleep hungry, their eyes filled with questions I cannot answer. But I hold onto hope. I pray that someone will hear our story and help."

We are determined this Ramadan to help mothers like Shafa. Your support can mean a warm meal for a hungry child and safe shelter for a family. Donate your Zakat and Sadagah today!

\$1,700 **£2,700**

6 Ramadan For Humanity 1Updated Figures as of February 2025

GAZA: YOUR IMPACT

Action For Humanity is working in Gaza and has been for years, scaling up our efforts in response to the genocide, actively engaged in providing emergency relief, such as food, water, hygiene kits, sanitation services and medical aid to those affected. In the face of overwhelming challenges, we have worked tirelessly to restore a semblance of dignity to those who have lost so much.



30,000+ HOT MEALS >

Distributed in Gaza, benefiting over 100,000 people.



8,000+ FOOD PARCEL >

Benefiting over 45,000 people for a month.



177 HOPE SHELTERS >

Constructed benefiting over 1,000 people in 4 camps.



400 TONNES OF AID >

Delivered into Gaza - Food and Non-Food Items aid via trucks.



500,000 LITRES >

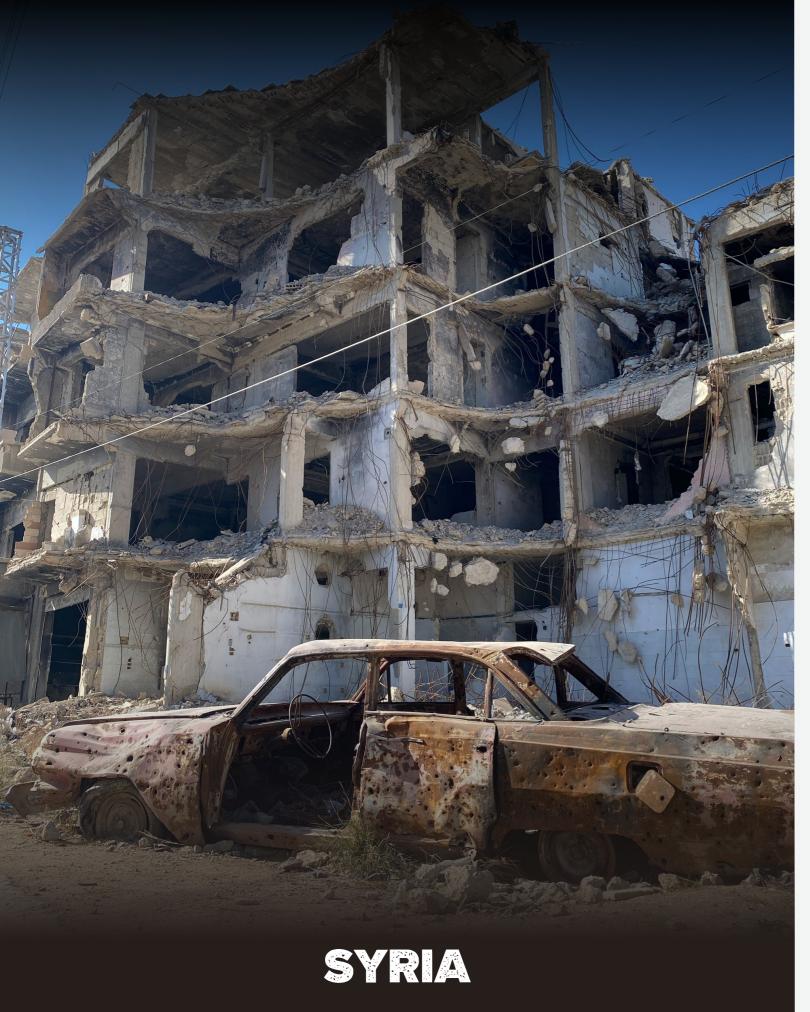
Of drinking water benefiting over 100,000 people for a month.



87 LATRINES >

Toilets and shower facilities for IDPs and the disabled.





The conflict in Syria has left millions of families homeless, living in overcrowded camps or informal settlements without basic services like clean water and sanitation.

REBUILDING SYRIA

Syria, a land of purity and beauty, has endured decades of oppression, war crimes, and severe human rights violations. Our beloved people of Syria have faced years of inequality, injustice, and deprivation of their most basic rights. Cities have crumbled to the ground, and countless families are forced to live in makeshift shelters.

As of early 2025, there are approximately 6.3 million Syrian refugees living in exile. Many of these refugees yearn to return to their homeland, especially following the recent political changes in Syria. However, the situation remains challenging as a significant number of homes and infrastructure have been destroyed during the conflict. For instance, one estimate suggests that around 328,000 homes have been completely destroyed, with many more severely damaged and uninhabitable.

Action For Humanity is taking a crucial first step to rehabilitate and repair damaged houses in the newly liberated areas of Syria. This effort aims to facilitate the return of our people to their homeland, ending their generation-long journey of displacement and misery.

Join us in providing a dignified return for these displaced families. Your support can help restore their hope and rebuild their lives in safe, warm and inhabitable homes. Together, we can make a difference.





Your compassion this Ramadan, can empower us to restore homes for Syrians after 14 years of heartbreaking conflict.

Help us protect and care for a family in Syria this Ramadan by repairing their destroyed house and turning it into a safe and liveable home. **REHOMING A SYRIAN FAMILY**

£2,500

SHARING YOUR FOOD

This Ramadan, under the weight of conflict, poverty and displacement, millions of families will not have enough food to break their fasts.

Each year, we launch targeted food distribution projects, ensuring vulnerable families receive essential meals to observe Ramadan without the fear of hunger overshadowing their worship. Your donation to feed a family will go directly towards food distribution, serving hot meals or providing cash or food vouchers to families in need in Syria, Pakistan, Afghanistan, Yemen, Palestine, Bangladesh, Lebanon, Somalia, Iraq, and Jordan.

Why This Matters

In many regions, conflicts and economic instability have crippled local food systems, making basic necessities unaffordable. Families face spiralling food costs, market disruptions, and, in some cases, near-total lack of access to food. Our food programme is designed not only to meet immediate needs, but also to respect the dignity of each family by providing culturally appropriate, nutritious food, aligning with Ramadan traditions.

How Does It Work?

One of the ways we try to meet these diverse needs of the communities we exist to serve, filled with essential items tailored to each region's cultural and nutritional requirements. Each pack sustains a family of six for the entire month. We also offer cash assistance and food vouchers, allowing families who have market access to choose what they need most. These vouchers empower families to select their own provisions, maintaining their dignity and supporting local economies. The cost of food packs varies by region, reflecting local market prices and transportation needs.



EXTEND YOUR TABLE

In Syria, our food packs include staple ingredients like rice, sugar, oil, and tea, alongside specific culturally significant items to honour local traditions. We are also working on a long-term livelihood project, our Bread Distribution Project in Syria, to provide a reliable daily bread source to families.

Each family receives a bread bundle (330g per person per day) for 26 days, priced at £45.

In other areas, such as Pakistan, we distribute flour, rice, oil, lentils, and dates, offering critical nutrition to sustain families through Ramadan.

In Yemen, we recognise the extreme challenges posed by years of conflict and distribute food packs containing flour, beans, rice, and oil as well as other essentials to help families meet their basic needs.

Domestic Programming

In the UK, we work with local partners to provide iftar and suhoor meals to refugees and asylum seekers, who have fled from danger in countries like Afghanistan, Iran, Iraq, Pakistan, Sudan, Syria and Yemen. Families receive essential food items, such as meat, bread, olives, honey and dates, as well as balanced hot meals at iftar time. All meals are freshly prepared with items sourced ethically, cooked and delivered by our trusted volunteers.





Extend your table this ramadan and support our food programme.

Fidiya £5 Fitrana £5

FOOD PARCELS & VOUCHERS

Gaza	£100	Lebanon	£45
Palestine West Bank	£50	Bangladesh	£50
Syria	£80	Afghanistan	£80
Syria Bread	£45	Iraq	£90
Yemen	£70	Jordan	£90
Pakistan	£50	UK Suhoor	£12

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	Pakistan	£5
	Palestine West Bank	£6
	Yemen	£7
	UK	£5
	Syria	£12
	Iraq	£12
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ALIGNMENT WITH SUSTAINABLE DEVELOPMENT GOALS

Our Ramadan projects were strategically developed to address immediate needs while contributing to long-term goals for sustainable development, bringing meaningful, lasting change to communities in need. By focusing on both immediate relief and systemic change, we strive to create a future where every individual has the opportunity to thrive, irrespective of circumstances.













Empowering women and girls by increasing their access to vital resources and supporting their active roles in the community.





CLEAN WATER AND SANITATION



SDG 10



SDG 8



AND ECONOMIC GROWTH



Improving access to clean water sources and enhancing sanitation facilities reducing the risk of disease and promoting healthier living conditions.



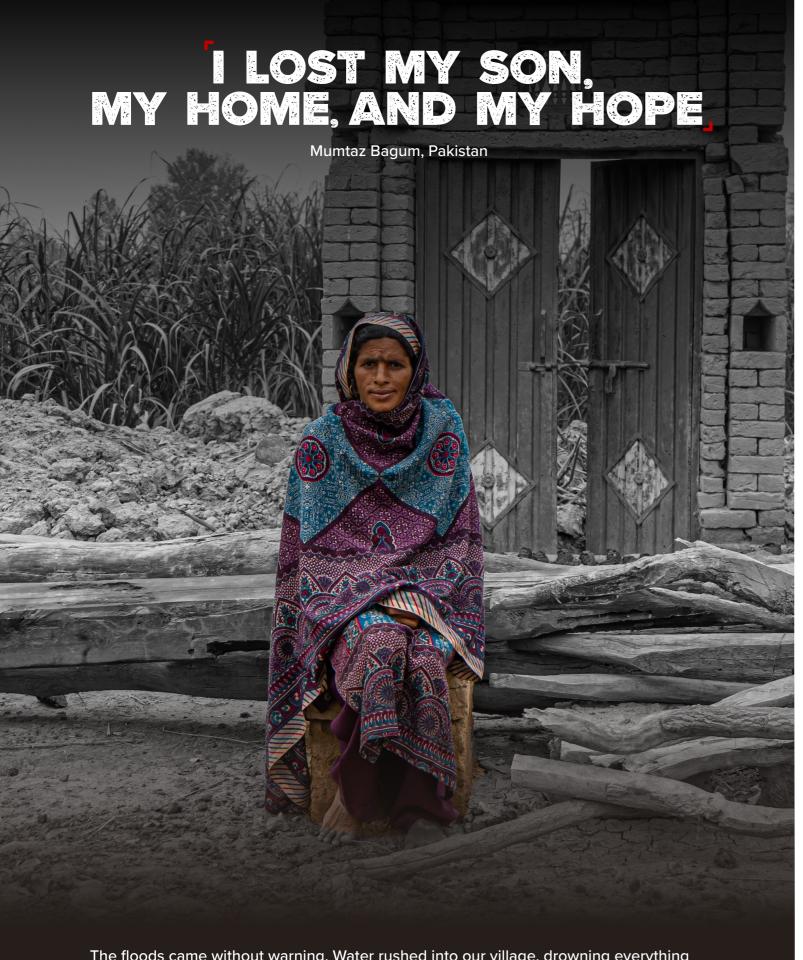
Creating economic opportunities and supporting livelihoods, particularly for those affected by conflict and displacement.



Addressing disparities in resource access and ensuring that services reach the most marginalised communities.



14 Ramadan For Humanity



The floods came without warning. Water rushed into our village, drowning everything we had. The fields that fed us, the livestock that sustained us, they were all swept away.

My home crumbled, piece-by-piece, until all that remained was the door.

A door that now stands alone, like me.





"My name is Mumtaz Bagum, and my heart carries a pain no mother should ever bear.

But the worst pain wasn't losing my home. It was losing my child, Maddaser. He was only one year old. Just a baby. He didn't understand the water was dirty, he was thirsty. I tried everything, but he grew weaker and weaker in my arms. The sickness took him from me. I held him, helpless, as he slipped away.

Before the flood, life was simple but full of blessings. My husband and I worked hard in the fields, and our animals gave us milk and food to sell. We didn't have much, but we had enough. We were happy. Now I have nothing. My children are sick, my home is gone, and the land I depended on is buried in mud.

I am a mother who has lost everything, yet I cannot let go of hope. I must keep going, for my children. But I cannot do it alone.

I dream of seeing my children laugh again, of giving them food to eat, a warm blanket, and a safe home where they can heal and grow."

We are determined this Ramadan to help mothers like Mumtaz. Your kindness can be the difference between hunger and a warm meal. Donate your Zakat and Sadaqah today! £50

Action For Humanity



Billions of people around the world continue to suffer from poor access to water, sanitation and hygiene. 27% of the world's population lacks access to safely managed drinking water. This translates to 4.4 billion people without safe water services. Unsafe water is a major health risk, responsible for more than a million deaths each year.

This Ramadan, we urge you to donate to one of our lifesaving, sustainable water projects.

YEMEN

In Yemen, a staggering 15.3 million people are deprived of access to safe drinking water and reliable sanitation facilities, with the country facing one of the world's most severe water crises.

Children, girls and boys as young as six, have no choice but to trek miles every day to find a source of water, often finding when they arrive that the water is stagnant, polluted, or dried up. With their parents working under harsh conditions to provide what little food they can, these children are missing vital years of their education to carry heavy loads in dangerous regions.

Action For Humanity is actively engaging in the rehabilitation and reconstruction of water wells in Sana'a and Lahij, striving to increase access to clean water for more than five war-affected villages. By installing solar-powered water pumps and rehabilitating water tanks, we're ensuring a sustainable water supply for 4,200 people.



Build a solar-powered water well in Yemen. Donate to one of our water projects today and help relieve the suffering of those in dire need of clean water.

£27,000
Subject to assessment

Action For Humanity 19

SYRIA

Disrupted by years of conflict, lack of safe water, sanitation and hygiene services and facilities have impacted nearly 15 million people in Syria.

In the arid regions of Northwest Syria, access to clean water is a pressing issue. With temperatures soaring in the warm months, water scarcity risks serious health crises, especially for those internally displaced, living in crowded camps.

Our water trucking programme provides 35 litres of water per person daily, helping displaced families maintain essential hygiene and hydration.





This Ramadan, our water project for Syria offers various support options:

£20

provides drinking water for 600 people for one day. £600

provides drinking water for 100 families for 30 days. £1,000

ensures water access for 600 fasting individuals for 30 days. £2,200

covers three months of water supply for 100 families.

PAKISTAN

In Pakistan, the water crisis is stark, with over 22 million people lacking access to water near their homes.

In rural communities with chronic water shortages, we're establishing solar-powered wells, providing clean, potable water for 250 people per well. The depth of the water well is 150 ft, discharging 30 litres of water per minute. The average life of this well is around 20 years, benefiting local communities for years to come.

We are also installing locally-made water hand pumps in the most deprived areas of District Kot Addu, South Punjab, Pakistan. Each hand pump will be installed at a depth of up to 70 ft and will have the capacity of discharging water at the rate of 30 to 35 litres per minute. It is estimated that nearly 10% of the direct beneficiaries will be vulnerable people with disabilities.





Build a water well or hand pump in Pakistan today and help relieve the suffering of those in dire need of clean water. £150

£2,000

GREEN FUTURES

Syria and Pakistan face pressing environmental challenges. Pakistan, with less than 5% forest cover, struggles with deforestation, rising temperatures, and frequent floods, worsening pollution and biodiversity loss. Similarly, Syria's conflict displaced millions and damaged its environment, straining resources and recovery efforts. Both nations urgently need sustainable solutions to address these crises.

PLANTING TREES IN PAKISTAN AND SYRIA

Through our tree plantation, we can help promote environmental sustainability by increasing green cover in Pakistan and Syria. The *Green Futures* initiative involves planting native trees within the campuses of universities and colleges across Pakistan and Syria. Students and volunteers will be engaged in the plantation drives, nurturing the trees, and participating in workshops on environmental conservation.

By involving and co-creating with students and academic institutions, we hope to foster environmental awareness and a sense of providing greener, healthier spaces for future generations.



Join us in our mission to plant at least 50,000 trees this Ramadan, and help secure a better environmental future for Pakistan and Syria.



PLANT 100 TREES FOR £60

BEE KEEPING FARMS

In Syria, the protracted conflict's economic effects have resulted in a staggering 55% unemployment rate. Job options are severely limited, and individuals face significant barriers accessing employment, making it increasingly difficult for them to support their households.

Our innovative bee-keeping initiative helps alleviate the struggles associated with limited income, as the project offers opportunities for a sustainable business, helping to improve financial circumstances and livelihood support. Each beekeeper is provided with in-kind business support kits to help them expand their small bee-keeping business, establishing a sustainable source of livelihood for their families.



In the midst of difficulty and hardship this Ramadan, help a family in Syria set up a sustainable business for a better future. £430 PER FARM



PROSTHETIC LIMBS

On the fateful morning of February 6th 2023, Mohammad's life changed forever. A powerful earthquake struck, causing the building he lived in to collapse. The disaster claimed the lives of his wife, an employee of Syria Relief, a subsidiary of Action For Humanity, and his children. Mohammad himself survived but lost his left hand in the rubble.

Amidst unimaginable grief and physical trauma, Mohammad tried to resume his medical work, but the challenges of his amputation proved overwhelming. That's when Syria Relief and Action For Humanity intervened. Recognising his determination to continue serving his community, the organisation offered him a prosthetic limb.

The prosthetic was swiftly delivered from Türkiye to northern Syria. After undergoing extensive physical therapy and training, Mohammad began adapting to his new prosthetic.

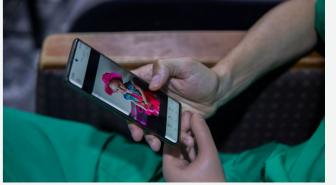


The prosthetic can never fully replace my original hand, but it gives me about 40% functionality, which is far better than having no hand at all. I'm so grateful to the Action For Humanity donors.

With renewed strength, Mohammad returned to his medical duties, driven by the same unwavering purpose to help those in need.

Today, Mohammad dreams of establishing specialised centres for children and adults with amputations, envisioning a future where they, too, can rebuild their lives. He remains profoundly grateful to Syria Relief and Action For Humanity for their life-changing support.





This Ramadan, empower vulnerable people who have had limbs amputated to live a life without limits.

£600 - £1,200
Depending on complexity

HEARING AIDS

In regions such as Syria, Yemen and Jordan, many individuals have experienced hearing loss due to prolonged exposure to deafening noises such as the explosion of bombs, injuries caused by conflict or birthing impairments. In each of these countries, we are committed to distributing high quality hearing aids to children with hearing loss, enabling them to better engage with family, education, and community life.







Make a real difference to the life of children suffering from a hearing impairment and gift them a future of opportunities.

 Syria:
 £270

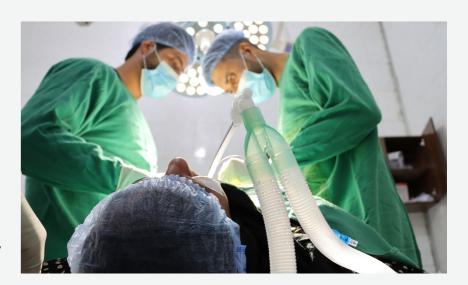
 Yemen:
 £360

 Jordan:
 £350

EYECARE AND CATARACTS SURGERY

The gift of sight is truly invaluable. At a global level, the leading causes of vision impairment and blindness are refractive errors and cataracts.

We are dedicated to restoring vision and enhancing the quality of life for young individuals in vulnerable settings. Your support ensures that they have the opportunity for clear and healthy eyesight, empowering them to fully participate in life's experiences.



Together, we can make a significant impact on the lives of those in need, providing the priceless gift of vision and a brighter future.

Cataract surgery Pakistan: Eye treatment in Syria: £70 £100

£100

£50

EIDI FOR CHILDREN

Ramadan's close brings Eid al-Fitr, a time of celebration and joy to families around the world.

This year, Action For Humanity's Eid Gifts Project will provide cash gifts to Syrian and Pakistani families so they can buy clothes, toys, and other essentials for their children, bringing a sense of normalcy and happiness amidst hardship.



Make a child smile this Eid. Donate today.

Per family in Syria:
Per family in Pakistan:



facing dangerous living conditions and immense socioeconomic challenges.

ORPHANS

With approximately 153 million orphaned children in the world right now, we believe every child, everywhere, has the right to a happy and healthy life. By supporting our Orphan Sponsorship programme, you can help ensure that more orphaned children can be fed, clothed, educated and receive the necessities needed for a healthy childhood.

When you sponsor an orphan with us, you will receive a profile of the orphan you're sponsoring and an annual report, allowing you to see the direct impact of your support.

Your monthly or annual donation can help provide food, water, medical aid, and educational assistance for orphans in need in Yemen, Syria, Palestine, and Iraq.



Sponsor an orphan and give the gift of hope to a vulnerable child today.

£35 - £420 PER MONTH PER YEAR

FAMILY SPONSORSHIP

The spiralling cycle of poverty can be particularly challenging for families without opportunities to work and earn a livelihood, perpetuating a vicious cycle of vulnerability.

Our Family Sponsorship support encompasses crucial aspects such as rent, food, drinking water, primary health care, basic education, and clothing.

Our beneficiaries are refugees who are not supported by other organisations; we prioritise families with the poorest health status, disabilities, those headed by females, and large families with young children.

Your monthly or annual donation can help provide food, water, medical aid, and educational assistance for families in need in Yemen, Syria, Palestine, and Iraq, offering them hope for a better future.

We have a waiting list full of families who need your generosity. Donate today.

£150 - £1,800 PER MONTH

ZAKAT CASH PROGRAMMES

Fulfil your obligated duty, for "...those in whose wealth there is a recognised right, for the needy and deprived." Quran (70:24-25)

This Ramadan, Action For Humanity's Zakat distribution programme will provide direct cash assistance to displaced and vulnerable families, empowering them to meet their essential needs for food, clothing, and medical supplies. By offering cash grants, we empower families with the flexibility to address their diverse needs and most pressing concerns as they see best.

These funds are targeted to reach those most in need in Yemen and Syria, including displaced persons, widows, orphans, and families with no income sources.



Fulfil your duty by giving your Zakat to those who need it most.

Family in Syria: £160
Family in Lebanon: £170
Family in Jordan: £170

CALCULATE YOUR ZAKAT

Utilising our online Zakat calculator is a convenient way to determine the Zakat you owe based on your assets and current Nisab values.

By paying Zakat with Action For Humanity, you not only fulfil your religious duty of purifying your wealth but also contribute to delivering life-saving aid to those who are most vulnerable around the world. This dual impact of fulfilling a religious obligation and supporting humanitarian causes reflects a holistic approach to charitable giving.

Visit our website or scan the QR code to use the calculator for an accurate assessment of your Zakat obligation.



SCAN HERE TO
CALCULATE YOUR ZAKAT

WAYS TO DONATE

By supporting Action For Humanity's Ramadan projects, you will be part of a mission that goes beyond immediate relief to create sustainable change. Each donation not only provides critical aid but also empowers families to overcome hardship with dignity.

This Ramadan, join us in making a meaningful impact, sharing the blessings of Ramadan and paving the way for a future where all of humanity can thrive.





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POST

Action For Humanity 6 Carolina Way, Salford M50 2ZY, United Kingdom



BANK TRANSFER

Bank: Royal Bank of Scotland (RBS)
Account name: Action for Humanity
Account number: 1087 5675

Sort code: 16-34-27

IBAN: GB86RBOS16342710875675

SCAN TO VIEW OUR PROJECTS ONLINE



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SCAN TO DONATE

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